

## The Trinity Primary Academy – PE Overview

Year 2022-2023	Term one	Term two	Term three	Term four	Term five	Term six
<b>Year R</b>	Gymnastics Unit 1 Dance Unit 1	Body Management 1 Speed Agility 1 – <i>Athletics progression</i>	Manipulation and co-ordination 1 – <i>Invasion Progression</i> Co-operate and Solve Problems 1	Gymnastics Unit 2 Dance Unit 2	Body Management 2 Speed Agility 1 – <i>Athletics progression</i>	Manipulation and co-ordination 2 – <i>Invasion Progression</i> Co-operate and Solve Problems 2
<b>Year 1</b>	Gymnastics 1 Dance 1	Run, Jump, Throw Unit 1 – <i>Athletics progression</i> Attack Defend Shoot 1 – <i>Invasion Progression</i>	Hit, Catch, Run 1 – <i>Striking and fielding progression</i> Send and Return 1 – <i>Net and wall Progression</i>	Gymnastics 2 Dance 2	Run, Jump, Throw Unit 2 – <i>Athletics progression</i> Attack Defend Shoot 2 – <i>Invasion Progression</i>	Hit, Catch, Run 2 – <i>Striking and fielding progression</i> Send and Return 2 – <i>Net and wall Progression</i>
<b>Year 2</b>	Gymnastics 1 Dance 1	Run, Jump, Throw Unit 1 – <i>Athletics progression</i> Attack Defend Shoot 1 – <i>Invasion Progression</i>	Hit, Catch, Run 1 – <i>Striking and fielding progression</i> Send and Return 1 – <i>Net and wall Progression</i>	Gymnastics 2 Dance 2	Run, Jump, Throw Unit 2 – <i>Athletics progression</i> Attack Defend Shoot 2 – <i>Invasion Progression</i>	Hit, Catch, Run 2 – <i>Striking and fielding progression</i> Send and Return 2 – <i>Net and wall Progression</i>
<b>Year 3</b>	Gymnastics 1 Netball	Dance 1 Tag Rugby	Gymnastics 2 Football	Dance 2 Cricket	Athletics OAA	Swimming Rounders
<b>Year 4</b>	Gymnastics 1 Netball	Dance 1 Tag Rugby	Gymnastics 2 Football	Dance 2 Cricket	Swimming Athletics	Swimming Rounders
<b>Year 5</b>	Gymnastics 1 Netball	Dance 1 Tag Rugby	Swimming Football	Swimming Cricket	Gymnastics 2 Athletics	Dance 2 Rounders
<b>Year 6</b>	Swimming Netball	Swimming Tag Rugby	Gymnastics 1 Football	Dance 1 Cricket OAA (Residential)	Gymnastics 2 Athletics	Dance 2 Rounders

**Sports Covered at The Trinity:**

## The Trinity Primary Academy – PE Overview

- Netball
- Football
- Tag Rugby
- Cricket
- Gymnastics
- Dance
- Swimming
- Athletics
- Rounders
- OAA